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Ron DeSantis, Governor
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Management Advisory #25-004

Date: October 22, 2025
To: Human Resource Officers and Benefit Managers
From: Division of State Group Insurance
Subject: Weight Management and Diabetes Management Pilot Programs for 2026 Plan Year

To help improve the long-term health and quality of life for employees enrolled in the State Group Health Insurance Plans, the Department of Management Services (Department) will offer the Diabetes Management Pilot Program and the Weight Management Pilot Program for the 2026 plan year. The Division of State Group Insurance (DSGI) administers these programs and asks that you distribute this advisory to all employees.

Weight Management Program

Members of the Weight Management Pilot Program (WMP) are eligible for coverage of FDA-approved weight management medications and a wellness program. The wellness program is available to State Group health members at no additional cost. However, WMP participants will be responsible for all applicable medical and prescription drug copayments, coinsurance, deductibles, and all additional out-of-pocket expenses. Note: Access to weight management medications is limited to participants of this program.

Eligibility

The Weight Management Pilot Program is open to 2,800 enrollees, spouses, and dependents who meet the following criteria:

- BMI of at least 30 or a BMI 27-29 and at least one weight-related comorbid condition (e.g., hypertension, high cholesterol, obstructive sleep apnea).
- Age 18 and over.
- Enrolled in one of the following State Group Insurance Plans: Aetna, Capital Health Plan, Florida Blue or United Healthcare in 2025 and 2026.
- Referred by an in-network licensed provider during the 2025 plan year.
- All participants in the 2025 WMP must have met all 2025 program requirements, including wellness program enrollment/engagement and submitting the required year-end report through the online link by 10/31/2025.

*Note that applicants with an A1C of 6.5% or greater or a fasting blood glucose over 126 and who are members of Aetna, Florida Blue, and United Healthcare are eligible for the Diabetes Management Pilot Program (DMP) and will be enrolled in the DMP.

Member Responsibilities

Each 2026 WMP participant must:

- Be supervised by an in network licensed provider during the 2026 plan year.
- Consent to providing personal and medical information to the Department.
- Enroll in a plan-approved wellness program available to WMP members through their health plan by the deadline provided in the WMP approval email.

- Meet the engagement requirements of the wellness program throughout the 2026 plan year.
- Submit updated health information on the year-end report by October 31, 2026.

Participants who do not meet the above member responsibilities will be disenrolled from the program.

Exclusionary Criteria

The following excludes enrollees, spouses, dependents from the program:

- BMI less than 27 or a BMI of 27-29 without a comorbid condition.
- Under the age of 18.
- In COBRA.
- Enrolled in a Medicare Advantage and Prescription Drug (MA-PD) Plan.
- Women who are pregnant, plan to become pregnant, or are nursing.
- Did not meet the 2025 WMP requirements, including enrolling in the wellness program and submitting the required year-end report through the online link by 10/31/2025.

Diabetes Management Program

The Diabetes Management Program (DMP) provides coverage of a glucose monitor with real-time feedback and emergency outreach services, testing strips and related supplies, and live coaching with a Certified Diabetes Educator. Prescribed, FDA-approved diabetes medications are a covered benefit of the State Group Insurance health plans. Program participants will be responsible for all applicable medical and prescription drug copayments, coinsurance, deductibles, and all additional out-of-pocket expenses. Copays for diabetic medications vary. Access to diabetic medications is not limited to participants of this program.

Eligibility Criteria

The DMP is open to the first 2,000 enrollees, spouses, and dependents who are covered by participating State Group Insurance plan and meet ALL the following eligibility criteria:

- Enrolled in Aetna, Florida Blue, or United Healthcare in 2025 and 2026.
- Diagnosed with Diabetes.
- Hemoglobin A1c 6.5% or higher.
- BMI of at least 25.
- Ages 18 to 63 years old.
- Consent to providing personal and medical information to the Department.
- Referred by an in-network licensed provider with a participating health plan in 2025.
- Will be supervised by an in-network licensed provider with a participating health plan throughout 2026.
- Agree to enroll in a plan-approved digital health platform for the DMP within the PPO plan or the self-insured HMO plans to monitor diabetes throughout 2026.

Exclusionary Criteria

The following excludes enrollees, spouses, and dependents who are covered under the State Group Health Insurance Program from the DMP:

- Enrolled in Capital Health Plan in 2025 and 2026.
- Enrolled in Medicare.
- Enrolled in COBRA.
- Enrolled in a Medicare Advantage and Prescription Drug (MA-PD) Plan.

- Under 18 or over 63 years old.
- Currently pregnant, plan to become pregnant, or are nursing.

Application Process

There will be a combined application for the DMP and WMP for 2026.

The application period for the 2026 programs will be **November 3, 2025-November 17, 2025**.

1. Download the [2026 Provider Referral Form here](#).
2. The applicant's provider completes and signs the referral form.
3. The applicant signs the referral form.
4. The applicant submits the referral form with the online application through the link on the [WMP](#) or [DMP](#) websites. **The link will only be open November 3, 2025 – November 17, 2025.**

NOTE: The Department will only review applications and Provider Referral Forms sent through the links.

Only the combined results of all participants will be reported to the Florida Legislature. Information about individual participation will not be disclosed.

Please encourage employees to visit the program websites for the [Weight Management](#) and [Diabetes Management](#) programs for additional information. Please do not direct employees to contact People First.

If you have any questions about the programs, please email diabetesmanagement@dms.fl.gov or weightmanagement@dms.fl.gov